

## FOOD INSECURITY FACTS

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- Nearly one in five children in America struggle with hunger and live in families that lack the means to regularly put enough nutritious food on the table for everyone to lead active, healthy lives.
- In Florida, 28.4% of children under 18 years old live in households that experience limited or uncertain availability of nutritionally adequate and safe foods at some point during the year.
- The typical (median) food-secure household spends 27% more for food than the typical food-insecure household of the same size and composition.

## CHILDREN AND HUNGER

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- Children who went hungry at least once in their lives were 2½ times more likely to have poor overall health 10 to 15 years later, compared with those who never had to go without food.
- Children in food insecure households are two times more likely to have mental health issues and are ten times more likely to exhibit behavior disorders.
- Children in food insecure households are four times more likely to drop out of high school.

## CATHOLIC CHARITIES ANGEL FOOD “SNAC” PROGRAM

A project of the:

### Hunger, Homeless and Outreach Program

Located at:

Catholic Charities' St. Francis Center  
100 W. 20th Street  
Riviera Beach, FL 33404

For more information on the program  
contact Alex Stevens:

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Palm Beach Gardens, FL 33410  
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Or visit our website:

[www.diocesepb.org/charities](http://www.diocesepb.org/charities)



CREDIBILITY • INTEGRITY • ACHIEVEMENT



Catholic Charities  
Diocese of Palm Beach

## CATHOLIC CHARITIES ANGEL FOOD “SNAC” PROGRAM



*S*erving  
*N*utrition to  
*A*rea  
*C*hildren

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561-360-3323

# OUR CHILDREN ARE GOING HUNGRY

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*16.7 million  
children in the  
United States  
lived in  
“food insecure”  
households in  
2011*



## Angel Food “SNAC” Program


This program is designed to address chronic hunger among elementary school-age children within the Diocese. It provides nutritious food to children who might not otherwise have adequate food over the weekend. Each knapsack contains child-friendly, nutritious, shelf stable food including two breakfasts, two lunches, two dinners, two snacks and four beverages. Fresh fruit will be supplemented when available.

## Program Goals


- To work in partnership with at least five parishes in the Diocese to identify children from low income households who also meet the criteria of being chronically hungry or having food insecurity.
- Provide nutritious food to eligible children who might not have adequate food over the weekend.


## HOW YOU CAN HELP

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 Feed 35 children for one year - \$12,000

 Feed 35 children for one month - \$1,000

 Feed 1 child for one year - \$336

 Feed 1 child for one month - \$28

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Please make checks payable to:  
Catholic Charities designated for  
“*Angel Food SNAC Program*”

Mail to:  
Catholic Charities  
9995 N. Military Trail  
Palm Beach Gardens, FL 33410

For credit card donations or for more  
information about making a donation,  
contact Janelle Hoffman at (561) 630-2695

*Thank You*

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